



CARIBOU AZORES

Testimonials Jørgen & Olga

«The Caribou Azores experience, with the distance of the archipelago from other continents, gave me the freedom to step back from previous priorities in life and define relevant aspects for my remaining time – not much according to what I am being told by doctors. Being open about my personal situation, helped everyone to be understanding and supportive. Valuable bilateral exchanges throughout the week were in many ways enriching. Excursion options left me with choices according to my daily energy and physical capabilities. Daily “impulses” as food for thought, addressing pertinent topics such as end of life and others, as take-home value, are of particular relevance to me, and, in a significant way are transforming that echo beyond my stay.»

Jørgen Bisgaard, Engineer
Denmark
April 2022



«We signed up to take part in the pilot-week of Caribou Azores, to explore unknown places – physically, intellectually and emotionally – subsequently being exposed to and absorbing various situations during the week that introduced us to profound experiences. Prior to our journey we were given in-depth information on options and invited to rank them according to our preferences. The Convento de São Francisco as a historic monument from the 17th century, provides beautiful common areas such as the refectory, where local “elves” served regional delicacies for breakfast, the terrace with its vast/boundless views over the Atlantic Ocean and other serene places such as the cloister with its profound silence. Daily explorations on the island of São Miguel to magical places offered lasting memories and at the same time respected physical capabilities. During “impulses”, as food for thought on deep issues, shared experiences, and challenges, brought all of us closer to one other, exchanging different perspectives that lingered with us throughout dinners and the following days. For us personally, in-depth discussions on topics of aging & end of life are subjects we continue to explore further after returning home. These days on the Azores, as a first valuable break from home in a long time, was an adventure that resonates deeply with us and positively affects our lives.»

Olga Skov, M.D., Denmark
April 2022