



CARIBOU AZORES

NEW HORIZONS IN THE ATLANTIC – soon, early- or recent retirees

10 – 17 July 2027

Objective: You have the desire to pause in a different way and spend time with other guests in the same situation in stimulating, yet informal surroundings. You would like to take the opportunity to let nature experiences positively touch you and during daily 'impulses' address topics of common concern, such as what it means to arrive in the *autumn of life*: to pause and look back with gratitude on your professional journey, to honour the experiences and contributions that have shaped it, and to consciously enter a new chapter of your life. It is a time to reflect on what inspires and motivates you, to discover which interests and values now deserve greater space, and to explore how your life story might unfold from here – in a way that feels meaningful, authentic and whole. This is an opportunity to spend time with others in a nurturing environment where the beauty of nature is omnipresent and the power of the earth is tangible, to share, connect and enjoy revitalising and renewing experiences.

You are encouraged to get involved in the daily 'impulses' as food for thought, to contribute and engage – in addition to your mind, also to open your heart and soul to further broaden your horizons... to 'see' with the heart as Antoine de Saint-Exupéry put it in *Le Petit Prince*. Be inspired by these uplifting, enriching and meaningful encounters – in the simplicity of a hidden gem, in an authentic, non-ordinary setting in the middle of the Atlantic Ocean. Testimonials can be found on our website. It is important to clearly define your ideas so that a tailor-made weekly plan can be compiled and agreed upon in advance.

Proposed time outline

Saturday 10 July	Sunday 11 July	Monday 12 July	Tuesday 13 July	Wednesday 14 July	Thursday 15 July	Friday 16 July	Saturday 17 July
	7:45-8:15 Guided Meditation	7:45-8:15 Guided Meditation	7:45-8:15 Guided Meditation	7:45-8:15 Guided Meditation	7:45-8:15 Guided Meditation	7:45-8:15 Guided Meditation	7:45-8:15 Guided Meditation
	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast
	10:00 Impulse: themed exchange ³⁾	10:00 Impulse: themed exchange ³⁾	10:00 Impulse: themed exchange ³⁾	10:00 Impulse: themed exchange ³⁾	10:00 Impulse: themed exchange ³⁾	10:00 Impulse: themed exchange ³⁾	9:30 Farewell
As of 15:00 Check-in ¹⁾	11:30 Excursion ²⁾	11:30 Excursion ²⁾	11:30 Excursion ²⁾	11:30 Whale watching	11:30 Excursion ²⁾	11:30 Excursion ²⁾	11:00 Check-out
16:30 Welcome + tour through Convento with its symbolism	Upon return option to enjoy garden and swim in pool or the sea	(Returning to Convento after dinner only)	(Returning to Convento after dinner only)	Upon return option to enjoy garden and swim in pool or the sea	Upon return option to enjoy garden and swim in pool or the sea	Upon return option to enjoy garden and swim in pool or the sea	
19:00 Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
Nightcap on the Convento terrace with a 180° view over the Atlantic	Optional (at Convento) Nightcap to share experiences of the day	Optional (at Convento) Nightcap to share experiences of the day	Optional (at Convento) Nightcap to share experiences of the day	Optional (at Convento) Nightcap to share experiences of the day	Optional (at Convento) Nightcap to share experiences of the day	Optional (at Convento) Nightcap to share experiences of the day	

¹⁾ arrive at the guest house (Convento) with your body, heart and soul to relax, e.g. with a refreshing swim in the pool

²⁾ daily activities/excursions will be scheduled in line with the weather

³⁾ Impulses: themes in line with the interests/needs of the entire group

Invest in yourself: suggested donation 2027

CHF 2'750-3'500 (depending on room category and -location)